

Progressive & Innovative Counseling Services
5618 White Bluff Road, Suite B&C
Savannah, Ga 31405

Phone (912)231-7031 or Fax (912)250-6025

Date: _____

Name: _____ SSN: _____

Date of Birth: _____ Age: _____ Gender: _____ Race/Ethnicity: _____

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

Employer: _____ Work #: _____

Employer Address: _____ City/State/Zip: _____

Previous Treatment: _____ Provider's Name: _____

Referred by: Friend _____ Relative _____ Doctor _____ Therapist _____ Other _____

Medications: _____

Emergency Contact: _____

Name: _____ Relationship: _____

Phone: (H) _____ (W) _____ (C) _____

Person Responsible for the Bill (if different from above): _____

Name: _____ SSN #: _____

Date of Birth: _____ Age: _____ Gender: _____ Race: _____

Address: _____ Home Phone: _____

City: _____ State: _____ Zip: _____

Employer: _____ Work #: _____

Clinician of choice: _____

Would you like a holistic approach?

- Yes
- No

Email: _____

Primary & Billing Address:
Dr. Crystal Malloy, PHD, LPC, MAC, CEAP
174 Scholar Road
Guyton, GA 31312

Telephone: (912)231-7031
Fax: (912)250-6025

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Insurance Coverage

Date: _____

Patient Name: _____ DOB: _____

Primary

Ins Co: _____ ID#: _____ GRP: _____

Insured's Name: _____ DOB: _____

Insured's SSN: _____ Tel#: (____) _____

Employer's Name: _____

Address (if different from insured): _____

Claims Address: _____

EAP: Y ___ N ___ Number of sessions: _____ Auth#: _____

MOU/SOU: sign _____

Auth. Req'd: Y ___ N ___

Number of visits: _____ per calendar/fiscal yr.

Co-Pay: _____ Deductible: _____ How much has been met: _____

Network: In: ___ Out: ___ Percentage Ins: _____

Patient: _____

Additional Information: _____

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Financial Responsibility

Your Insurance claim will be filed, and all reasonable efforts will be made to collect reimbursement from your insurance company; however, this does not release the patient, the guarantor or responsible party from financial responsibility for services rendered. If the insurance company fails to honor claims filed for services rendered, it is ultimately my responsibility to pay for the services rendered by Progressive & Innovative Counseling Services. Co-pays are due at the time services are rendered.

Signature patient or guardian or responsible party

Date

Release and Assignment

I understand it is necessary to release my demographic information in order to process my insurance claims.

Signature of patient or guardian

Date

Consent for Treatment

I consent, agree, and authorize evolution and treatment by Progressive & Innovative Counseling Services and I further confirm & acknowledge I reviewed the NOPP (Notice of Privacy Policy) outlining HIPAA, Hi-Tech act, and FCC compliance.

Signature of patient or guardian

Date

Missed Appointment

I understand that I will be billed \$65.00 for any appointments that I do not cancel 24-hours prior to the scheduled appointment.

Signature of patient or guardian

Date

____ Check and initial ____ to consent receiving text reminders on my cell phone

____ Check and initial ____ to consent to receiving a reminder message on my home phone

____ Check and initial ____ to consent for the following individual to be involved, informed, or notified of my treatment/Name _____ Relationship _____

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Patient Assessment Index

Patient: _____

Your active participation in the treatment planning process is essential if you expect to gain the most from your treatment experience. Therefore, it is important that you spend some time thinking about what it is that you want out of treatment. You may want to change certain behaviors or address prior personal issues. To help you identify your treatment goals, and to assist your counselor in their effort to work with you in achieving those goals, please take the time to answer this questionnaire thoughtfully. Read it over first, then complete it and return to your counselor who will utilize it in conjunction with other documents to formulate an individual treatment plan with you.

Please read each area of concern listed below and place a check by any goal, which is of importance to you.

- Overcoming my desire to use drugs.
- Overcoming my desire to use alcohol.
- Becoming more motivated towards self-betterment.
- Improving my relationship with my spouse or significant other.
- Improving my relationship with my children
- Improving my relationship with (other): _____
- Using my leisure time better.
- Learning how to make new friends.
- Becoming more open as a person to others.
- Becoming less critical and fault finding.
- Learning how to forgive myself and others.
- Resolving resentments.
- Learning how to communicate responsibly.
- Learning how to control my temper.
- Getting rid of angry feelings.
- Feeling less depressed.
- Dealing with suicidal feelings.
- Overcoming anxiety provoking thoughts.
- Learning new ways of filling the emptiness I feel inside.
- Developing more self-confidence.
- Learning how to make decisions.

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Stressors

Are you experiencing significant changes, loss, or difficulties in the following areas?

Financial	Y N U
Primary relationship (family/friends)	Y N U
Housing	Y N U
Physical health of self or family member	Y N U
Access to health care	Y N U
Occupational/employment	Y N U
Legal	Y N U
Education	Y N U
Other _____	

Education

How many years of schooling have you completed? _____

Do you hold any degrees or diplomas and if so, which? _____

Do you now, or have you ever had a learning disability? _____

If so, what was the disability? _____

Employment

Are you currently employed? Y N U

Occupation/employer _____

Are you satisfied with your present job? Y N U

Do you think your employer satisfied with your job performance? Y N U

Religion

Do you have a religious preference? Y N U

If yes, describe _____

Are your spiritual beliefs an important part of your life? Y N U

Legal

Have you ever been arrested/incarcerated? Y N U

If yes, describe _____

Are you currently on probation/parole? Y N U

If yes, who is your probation officer _____

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Burn's Depression and Anxiety Inventory

Over the last two weeks, how often have you been bothered by any of the following problems? *

0=not at all 1=several days 2=more than half three days 3=nearly every day

1. <u>Little or no interest or pleasure in doing thing.</u>	0	1	2	3
2. <u>Feeling down, depressed, hopeless. .</u>	0	1	2	3
3. <u>Trouble falling asleep/staying asleep/sleeping too much.</u>	0	1	2	3
4. <u>Feeling tired or having little energy.</u>	0	1	2	3
5. <u>Poor appetite or overeating.</u>	0	1	2	3
6. <u>Feeling like you're a failure or you have let others down.</u>	0.	1	2	3
7. <u>Trouble concentrating such as when reading or watching tv.</u>	0	1	2	3
8. <u>Moving or speaking so slowly that others may have noted, or being more fidgety or restless than usual</u>	0	1	2	3
9. <u>Thoughts that you'd be better off dead/hurting yourself in some way.</u>	0	1	2	3
• <u>Trouble with everyday decisions.</u>	0	1	2	3
• <u>Trouble with important decisions</u>	0	1	2	3
• <u>Feeling guilty about things that have happened in the past.</u>	0	1	2	3
• <u>Difficulty stopping tears/crying.</u>	0	1	2	3
• <u>Engaging in one or more self-destructive activities.</u>	0	1	2	3
• <u>Thoughts of killing or harming another.</u>	0	1	2	3
• <u>Hurting others with your words and/or actions.</u>	0	1	2	3
• <u>Experiencing sexual problems.</u>	0	1	2	3
• <u>Criticizing yourself/getting down on yourself.</u>	0	1	2	3
• <u>Going for days without needing sleep.</u>	0	1	2	3
• <u>Experiencing extreme energy changes.</u>	0	1	2	3
• <u>Worrying a lot/unable to relax.</u>	0	1	2	3
• <u>Difficulty going places by yourself.</u>	0	1	2	3
• <u>Avoiding (nonfamily) situations.</u>	0	1	2	3
• <u>Experiencing panic attacks.</u>	0	1	2	3
• <u>Making impulsive decisions or increased risk-taking.</u>	0	1	2	3
• <u>Experiencing recurrent distressing dreams.</u>	0	1	2	3
• <u>Experiencing recurrent intense memories of a traumatic event.</u>	0	1	2	3
• <u>Finding it difficult to control your irritability or anger.</u>	0	1	2	3
• <u>Hearing or seeing things that others do not see or hear.</u>	0	1	2	3
• <u>Feeling that people are out to get you.</u>	0	1	2	3
• <u>Experiencing harm or harmful intentions from others.</u>	0	1	2	3
• <u>Difficulty interacting with others.</u>	0	1	2	3
• <u>Experiencing intense moods and mood swings.</u>	0	1	2	3
• <u>Trying to please others to the detriment of your own needs.</u>	0	1	2	3
• <u>Engaging in excessive checking/hoarding/cleaning.</u>	0	1	2	3

*If you checked any of the above, circle the difficulty level these problems have created for :

Work/Taking care of things at home

Not difficult at all Somewhat difficult Very difficult Extremely difficult

